

On this week's episode of *Sunday Brunch*, we are delighted to share a recipe from Portland Baroque Orchestra's Artistic Director Julian Perkins! **Sticky Fried Goo-Goo** - similar to Rice Krispies Treats - is an Oxford birthday celebration favorite. Bon appétit!

Sticky Fried Goo-Goo

Ingredients:

10.5 Tbsp unsalted butter
14 oz. marshmallows
6.5 oz. dairy-free toffee
1 Tbsp golden syrup
3.5 cups Rice Krispies (you can judge it by eye)
3 full-sized Mars bars
3 Tbsp of double cream



Line a 9x13in (or similar-sized) baking dish with plastic wrap.

In a large saucepan over low heat, add the butter, marshmallows, toffee, and golden syrup. Gently melt everything down and mix well. When all the ingredients have melted and are evenly blended, add the Rice Krispies. As gently as you can so as not to crush too many Rice Krispies, mix everything with a large metal spoon so that the Rice Krispies are covered well with the marshmallow mixture. It will be very sticky! When judging how many Rice Krispies you will need, you do not want the finished mixture to be too runny. If so, add more Rice Krispies. Ideally, you want the marshmallow mixture just to cover the Rice Krispies, not swamp them.

Tip everything into the prepared baking tray and flatten the krispies mixture using the back of the spoon. Pop in the fridge for a good twenty minutes.

While the 'sticky fried goo goo' chills, put the Mars bars and cream into a small pan and gently melt down. Take the goo goo out of the fridge and pour the melted Mars bars over the top. Put back into the fridge and leave for a good two hours to set. Cut into squares and enjoy!



About Julian Perkins
Artistic Director, Portland Baroque Orchestra

Dubbed “The Indiana Jones of Early Music” by *BBC Radio 3*, Julian Perkins brings a dynamic and adventurous spirit to his music-making. He is delighted to have been appointed Artistic Director of Portland Baroque Orchestra, with whom he looks forward to combining artistic excellence with meaningful scholarship in creating thrilling, historically inspired – yet contemporary – performances. He is also Artistic Director of Cambridge Handel Opera and Sounds Baroque and enjoys a busy and varied career as a conductor/director, chamber musician, and solo keyboard player. Learn more at pbo.org